In compliance with paragraphs 3.63 to 3.74 of the Listings Requirements of the Johannesburg Stock Exchange ("JSE"), the following information relating to a trade in the ordinary shares of the Company by a director of the company is disclosed:

<table>
<thead>
<tr>
<th>Description</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name of director</td>
<td>Carl Alfred Grillenberger</td>
</tr>
<tr>
<td>Name of company</td>
<td>Advanced Health Limited</td>
</tr>
<tr>
<td>Date of transaction</td>
<td>7 December 2016</td>
</tr>
<tr>
<td>Number of securities</td>
<td>36 100</td>
</tr>
<tr>
<td>Class of securities</td>
<td>Ordinary shares</td>
</tr>
<tr>
<td>Nature of transaction</td>
<td>On market purchase</td>
</tr>
<tr>
<td>Price per share</td>
<td>150 cents per share</td>
</tr>
<tr>
<td>Nature of interest</td>
<td>Indirect beneficial</td>
</tr>
<tr>
<td>Extent of interest</td>
<td>Less than 0.02%</td>
</tr>
<tr>
<td>Value of transaction</td>
<td>R54 150.00</td>
</tr>
<tr>
<td>Clearance to deal obtained</td>
<td>Yes</td>
</tr>
</tbody>
</table>

Johannesburg
8 December 2016

Designated Advisor
Grindrod Bank Limited